



## APPETISERS

		US\$
Zucchini chia crispbread <i>Heirloom tomato, shaved cauliflower, cucumber salad, cashew nut cream</i>	<b>GF N V LF</b>	26
Sashimi salad <i>Local yellowfin tuna, ginger, seaweed, cucumber, radish salad citrus, soy, sesame dressing</i>	<b>GF LF LS SS</b>	32
Greek style gem salad <i>Peppers, heirloom tomatoes, cucumber, baby beans, olives, capers, vegan feta cheese</i>	<b>GF LF</b>	32
Grilled rare beef salad <i>Chinese cabbage, carrot, radish, mint slaw, kimchi, black fungi, sesame, soy dressing</i>	<b>GF LF</b>	32

## BOWLS

Shambhala chopped <i>Raw, cooked and grilled vegetables, avocado, chickpeas, citrus sesame dressing</i>	<b>GF V LF</b>	28
Power house <i>Chopped broccoli, cauliflower, quinoa, radish, mint and almonds, ginger miso dressing</i>	<b>GF N V LF</b>	28
Queen pea <i>Crispy chickpea falafels, chunky tabbouleh, hummus, romaine, sauerkraut, tahini sauce</i>	<b>GF V LF</b>	28
Poke <i>Local yellowfin tuna, cherry tomatoes, seaweed, edamame, avocado pickles and ferments, brown rice, Japanese dressing</i>	<b>GF SS LS LF</b>	36

## MAIN COURSES

Tandoor cauliflower <i>Pomegranate, quinoa, kale salad, nigella yogurt</i>	<b>V GF</b>	28
Southern Indian lentil curry <i>Chana dahl, vegetables in tomato, tamarind, coconut curry, kosambri salad, chapatti</i>	<b>V LF</b>	36
Reef fish <i>Steamed in in fragrant ginger, shallot, shiitake mushroom sauce, bok chay, brown rice, sesame oil</i>	<b>GF SS LF LS</b>	42
Spiced free-range chicken <i>Freekeh, dried fruit and nut salad, harissa yogurt, fennel salad, orange salad</i>	<b>N</b>	38

## DESSERTS

Young coconut jelly <i>Tropical fruit, lemongrass ice</i>	<b>GF V LF</b>	20
Mango, passionfruit 'cheese cake' <i>Coconut, macadamia nut crust</i>	<b>GF N V LF</b>	22
Watermelon, strawberry salad <i>Mint, cucumber granita</i>	<b>GF V LF</b>	22
Shambhala power cookies <i>Dehydrated nut, seed and dried fruit cookies</i>	<b>GF N V LF</b>	18

**GF** Gluten-free **N** Contains nuts **SS** Sustainably-sourced **V** Vegetarian or vegan **LF** Lactose-free

For any dietary intolerance, please inform our wait staff.

Prices are subject to 10 percent service charge and prevailing government taxes will be added to your bill for all orders.